

'The future is looking brighter every day'

BY JASON COKER
Communications Coordinator

One of the more subtle tragedies of homelessness is that people are forgotten amid the politicizing of budgets and statistics. At Interfaith we're faced every day with real people and their stories. Statistics can be hard to remember, but people can be impossible to forget.

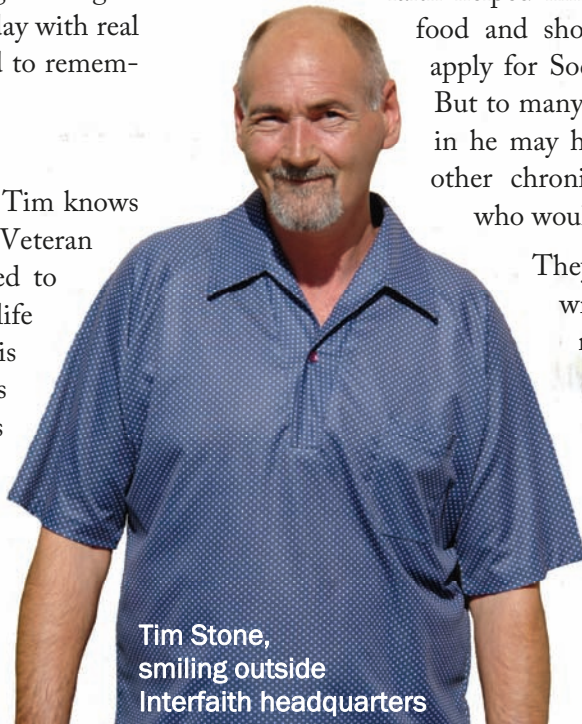
Tim Stone is one of those people.

As an insulin-dependent Type I diabetic, Tim knows he should never have been drinking, but as a Veteran whose marriage was falling apart he struggled to stay sober. After a divorce in 2000, his life started spiraling downward even faster and his drinking got the best of him. As Tim describes it, "Before I knew it, I found myself homeless and with no job, no family and little hope."

Tim started coming to Interfaith shortly after that. He says the winter shelter kept him alive during his first, harsh year on the streets: "It was a blessing." Eventually, Tim learned the ropes of life on the street with

help from his new "street family," but he kept coming to Interfaith every morning for a hot meal and a shower.

Like many, Tim's story is one of gradual change, not overnight transformation. Over the next few years, Interfaith helped him with basic needs like food and showers, and helped him apply for Social Security Disability. But to many on the outside looking in he may have resembled just another chronically homeless person who would never really change.



Tim Stone, smiling outside Interfaith headquarters

They would have been wrong. Tim's transformation has been steady, despite the obstacles.

In addition to diabetes, Tim suffers from Hemochromatosis – an inability of one's body to properly break down iron.

~ CONTINUED on page 7

Only one mortgage left to go

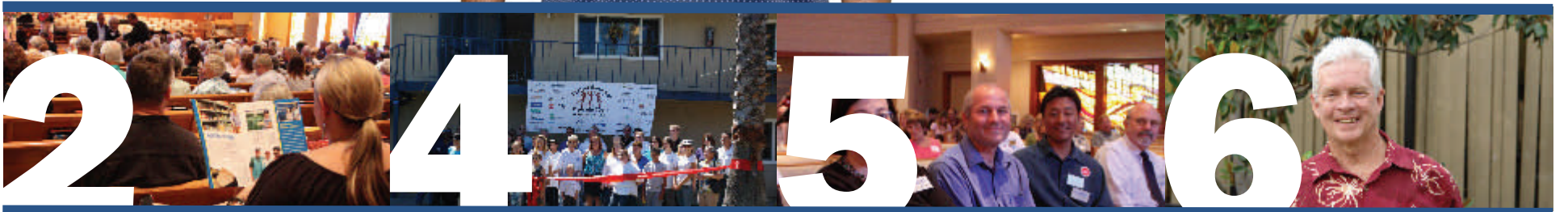
BY GREG ANGLEA
Director of Development

Thanks to the amazing support of our community, four Interfaith mortgages have been retired this past year. Already that frees up more than \$10,000 each month for direct services to help people in crisis.

Only one mortgage remains in the campaign – and it's the most costly to maintain. For every month the campaign lingers Interfaith must pay another \$20,060 toward the mortgage held on our Veterans Oceanside housing facility.

This mortgage must be retired so that Interfaith can help more people like David Englehorn (see page 6). David didn't qualify for government-funded programs, so Interfaith

~ CONTINUED on page 3



3 new housing projects help close gaps

BY LILA FETHEROLF
Associate Director of Housing

As the U.S. economy threatens the stability of more and more North County residents, we are increasingly inundated with the need for emergency shelter and transitional housing in addition to our other services like food, financial aid, and job search assistance.

Interfaith's comprehensive continuum of programs and services evolved in response to unmet needs just like these in North County – and we aren't done yet. We continue to develop much needed programs to close critical gaps in care for our neighbors in crisis. Amazingly, we have worked hard to cut costs and operate as a leaner organization and have been able to open three new housing

projects in the midst of the toughest economy in decades:

Men's Shelter: For many years we sought funding to open a men's emergency shelter after the model of our Tikkun Home for women. Recently



Newly promoted Naval officers from the USS Makin Island spruce up the new Veterans Recuperative Shelter.

we were able to secure a contract with the County of San Diego for this very purpose – and we found the perfect,

quaint, peaceful home for our shelter site in Escondido. Opened on August 13th, this new facility is already helping homeless, disabled men return to self-sufficiency.

Veterans Recuperative Beds: Veterans leaving the VA Hospital after surgery or acute illness need a higher level of care than can be provided in transitional housing. Fortunately, the VA has funded a new 10-bed recuperative care shelter to meet this pressing need. This new Recuperative shelter includes a downstairs handicapped accessible unit, and is located next door to our Veterans Transitional Housing in Escondido. This program will provide much-needed intensive support to recovering veterans including prepared meals, transportation to medical appointments and health care...

~ CONTINUED on page 5

Suzy P's Corner

BY SUZANNE STEWART POHLMAN
Executive Director

Thanks to each of you who celebrated the close-out of this past year at our Annual Meeting. It was a wonderful opportunity to celebrate faithfulness to our work. This year was a doozy!

- ◆ 35,807 unique clients were served!
- ◆ 5,321 spirited volunteers worked in direct service.
- ◆ 440 faith communities, *Anglican to Zen Buddhist*, participated in our shared work.
- ◆ A new weekly legal clinic was innovated.
- ◆ A system for micro enterprise loans for women via Foundation for Women was begun.
- ◆ VA funded Recuperative Bed program for 10 Veterans leaving the VA hospital was launched.
- ◆ A new Emergency Shelter for 6 homeless men funded by County Mental Health was created.

Also, a new Fairweather Lodge for six disabled veterans was begun, funded by philanthropists Jack and Jill Campbell, and with additional help from County Housing and Community Development, the USC School of Graduate Social Work and our Congregations and volunteers!

“We will save more than \$370,000 per year, saving almost \$2,200,000 in interest if these loans had not been paid in full!”

Interfaith hopes to conclude our capital campaign retiring our Veterans mortgage in Oceanside and have already retired remaining mortgages on our Fairweather Lodges. We are almost done! When entirely paid off, this will allow us to focus \$370,000 annually on our programs! The 52% increased demand for our services makes this a necessity. Please, if you have not yet given; take this year-end season to give a little to that effort. Contact me or Greg directly if you would like to use this opportunity to remember anyone who bravely served in our military.

The holidays are approaching, but there is ample time left to help our friends and families who are deeply in need during these recessionary times.

There are meals to serve, pantries to fill, and family adoptions to complete long before the last candle is lit on your menorah or the last ornament is hung on your tree. So please explore how you, your family, or congregation can make this giving season joyful for our entire community.

This winter we will also be augmenting the efforts of the Salvation Army as it serves the



Suzanne Stewart Pohlman, Interfaith's Executive Director, shows her appreciation for Bernie (this year's recipient of the Saemi Award) and Evelyn Englander at the Annual Meeting.

needs of the homeless during the coldest and most dangerous part of the year. Please call Mary Ferro directly to see how your congregation can help provide meals and other services to be offered.

There are plenty of ways to be of service! Our innovative Volunteer Coordinator Nusrat Symons can identify opportunities to suit every individual or congregation hoping to participate. Call her today!

Thanks for the pleasure of serving beside you! I delight in sharing the vision that through our shared work we will create a community that is responsive to the needs of all people.

Thanks to each of you who walks faithfully with Interfaith, supporting us every step of the way! ∞

Lifting up our neighbors at the annual meeting

BY MARY FERRO
Faith Center Liaison

“I've never seen this many people at an annual meeting!” marveled John Adams, one of the many guests at Interfaith's 2010 Annual Meeting “Lifting Up Our Neighbors.”

“It was a wonderful meeting; I am so glad we came!” said Monica Bauer Federman, Assistant Director at the Anti-Defamation League. And she was right: from the welcome to the benediction, the meeting moved seamlessly.

Guests were greeted with music by Mark Cook, a graduate of the Veteran's program, who now plays and teaches guitar at the VA Hospital. Later, everyone listened keenly as graduates shared how their lives had been

changed through Interfaith's programs. Elsa and her two children moved into family housing, she received vocational counseling, made use of homeless court, received her GED, and ultimately a BA in Criminal Justice. The audience gave a thunderous applause when she announced her new job with North County Family Court.

Suzanne called the entire staff up to be recognized for their work and to highlight the accomplishments of Interfaith's next generation of leadership.

Everyone stood to welcome Melvin Moss and Jim Farley as they returned to the meeting after dramatically burning three retired mortgages in the courtyard—live on the big screen for everyone inside to see.

Whether you were there or not, please mark your calendar for the third Wednesday of each month to attend the General Membership Meeting at 11:30 am. You can keep informed on how together we “Lift Up Our Neighbors”. For more information or a copy of the Annual Report please call your Faith Liaison, Mary Ferro 760-489-6380 ext 266. ∞



As the crowd gathers for the annual meeting, some browse through Interfaith's Annual Report.

The Campbells create a new home

BY GREG ANGLEA
Director of Development

In recent years Jack and Jill Campbell have helped to stock every new housing program Interfaith has opened by personally purchasing crucial household items and in-kind goods for each apartment and house.

This year, they went a step further and helped to purchase the house itself.

"We want to help the homeless, and in particular, our wounded warriors," says Jack Campbell. Jack and Jill not only have a desire to help, they put their desire into action. Taking out a loan on their own home, they provided the funding Interfaith needed to purchase a home for disabled Veterans, lending the money to Interfaith at below the market rate.

Jack recalled: "As we talked with Interfaith about how a new project would work, we realized that for them it just wasn't penciling out from a dollars perspective, so we decided



The beautiful kitchen in Interfaith's latest Veterans housing facility, provided for by the generosity of Jack and Jill Campbell.

we would lend the money at a lower rate than any available commercial loan." This provides the Campbell's with a return on their investment,

and keeps Interfaith's expenses lower than would otherwise be obtainable, allowing the program to open this fall for six previously homeless Veterans.

"We decided to do this because in the end we're helping six guys who really need the help, six Veterans who have served our country," says Jack Campbell, who hopes that others will follow his lead and get creative in turning their passions into reality.

"We weren't sure where this process would end up when we started, but we're so happy with what has now been created. The first step is to talk to Interfaith about how you want to help." ∞

Don't miss out on the benefits of a year end gift!

BY CYNTHIA STEIGER
Guest Columnist

When you make a year-end gift you're not just giving money, you are perpetuating your own values about the quality of life. You're saying, "I see what Interfaith Community Services is doing to help make our community better, and I want to help you keep on doing it."

Join with other friends of our organization who find this season a perfect time to give back. Not only will you be saving taxes and perhaps starting a lifetime stream of income, but most significantly, you will be helping a cause that couldn't be more important.

The end of the calendar year is when many people think about making charitable gifts. If you itemize on your income tax return, you will benefit. After tax savings, it may surprise you to discover that you have

made a larger gift than you thought. Here is an example:

Your neighbor, who is in the 28% federal tax bracket, makes a gift

"When you make a year-end gift you're not just giving money, you are perpetuating your own values about the quality of life."

of \$1,000. The cost of this gift calculates to be \$720. The \$280 difference is the tax that the donor would have paid had no gift been made.

Assets like stocks, bonds, and real estate that have gone up in value over time are excellent choices for

gifts, and you can avoid all federal capital gains tax that would otherwise be due on sale in addition to the charitable income tax deduction.

Don't forget that Interfaith Community Services also has access to one of the most popular gifting programs in America—the charitable gift annuity. It is a wonderful way to enjoy income during your lifetime, get an immediate income tax deduction and ultimately support the mission of Interfaith Community Services.

Call Greg Anglea, Director of Development at 489-6380, ext.220, for ideas on how *you* can enjoy the benefits of a year-end gift. ∞

Cynthia Steiger is Certified Planned Giving Specialist who volunteers her time and expertise to help Interfaith supporters maximize the impact of their charitable giving.

~ MORTGAGE from page 1

needed donations from private individuals and a network of community groups to prevent David and his family from losing their home, to repair his car, and help him find work. Unfortunately not everyone is as fortunate as David. Resources are scarce, and needs are at all-time highs. Just imagine: how many more people like David could Interfaith help with an extra \$20,060 each month?

To make that possible, and to further amplify and strengthen Interfaith's services for struggling Veterans, we need your help to retire the Veterans Oceanside mortgage. The Leichtag Family Foundation and Betty & Melvin Cohn have already matched every gift. A \$4.5 million campaign now has less than \$660,000 to go.

Imagine if everyone who read this newsletter simply donated \$25. Or, what if everyone gave their friends and family the gift of a donation in their honor to help Veterans this holiday season? Veterans like David - families who are at their wits end - who turn to Interfaith in their time of crisis need your help. Please consider a gift to this cause. ∞

interfaith
community news

is published by
North County Interfaith Council, Inc.,
dba Interfaith Community Services
550 West Washington Avenue, Suite B
Escondido, California 92025
(760) 489-6380

interfaithservices.org
giving@interfaithservices.org
Tax ID 95-3837714

Editor: Jason Coker

Interfaith Community Services is a collaboration of more than 400 congregations providing a fully integrated continuum of care for impoverished, homeless and unemployed persons in North County. With a volunteer corps of more than 5,300 people, Interfaith helps people help themselves by meeting emergency needs and providing opportunities to overcome chronic conditions and return to self-sufficiency and independence.

Interfaith Community Services is a 501(c)3 organization authorized to receive tax-deductible contributions. In San Diego County, our United Way Donor Designation Number is 96412.

NARI gives Harmony apartments a total makeover with their first annual charity event

BY LILA FETHEROLF
Associate Director of Housing

You could have easily mistaken the weekend of September 18 for Chanukah, Christmas, and the Fourth of July all rolled into one. Between the Channel 10 News crew, the ribbon cutting ceremony, and the giant feast, it was definitely a celebration. At its heart, though, it was one big gift-giving ceremony, and the San Diego chapter of The National Association of the Remodeling Industry (NARI) was doing the giving.

NARI decided they wanted to make 2010 an “extraordinary year,” so they made Interfaith the recipient of its first annual charity event by remodeling three of our Harmony

apartments.

I can tell you first-hand, when NARI decides to do something, they do it big.



The whole NARI Team!



Cutting the Ribbon!

They completely gutted the apartments and installed new drywall, new floors,

beautiful new cabinetry, granite kitchen countertops, new electrical fixtures, furniture, appliances,



A beautiful new kitchen!

“I’ve been stunned by the outpouring of donations from our members.”
~ Riggs Thayer

paint and more. Everything was donated by NARI members: all supplies, construction materials and labor was covered by NARI members, their industry partners and community volunteers.

NARI’s core purpose is to advance and promote the remodeling industry’s professionalism, product and vital public purpose. The San Diego chapter boasts a membership of over 50 contractors, subcontractors and suppliers who have committed to upholding NARI’s strict standards of honesty, integrity and responsibility in the conduct of business.

“In 2010, we wanted to make a positive contribution to our community,” said Ryan Holmes, president of NARI’s San Diego chapter. “We chose Interfaith Community Services, because they provide a vital service to those most in need, especially during these difficult economic times.”

Amazingly, the project began on Friday, September 10 with a complete tear-down of the apartments all the way down to the studs, and ended just a little over one week later with beautiful, clean, updated apartments ready for the tenants to move back in. There was new drywall, new flooring, new baseboards and casing, new cabinets, countertops, fixtures, and more! The transformation was not only incredibly fast, it was stunningly beautiful.

These apartments, originally built in 1964, provide permanent homes for formerly homeless, disabled individuals. The remodel was a daunting endeavor, requiring significant effort to plan, coordinate and implement, as well as thousands of dollars worth of equipment and supplies.

“I’ve been stunned by the outpouring of donations from our members,” said Riggs Thayer, a NARI San Diego chairman who oversaw the project. “We have an incredible and generous membership that really cares about San Diego.”

Interfaith totally agrees! Thank you to all of the NARI San Diego members and their friends who helped with this amazing project. ∞

Interfaith totally agrees! Thank you to all of the NARI San Diego members and their friends who helped with this amazing project. ∞

Serving hope for the Holidays

BY JERRY MORGAN
Director of Basic Needs

It happens every year.

As the weather turns cold our thoughts turn to thankfulness and giving.

Families and friends gather around tables filled with amazing meals — roast turkey, stuffing, cranberry sauce, mashed potatoes and gravy, green bean casserole, salad, pumpkin pie, and coffee.

Friends laugh and share stories and find comfort from the cold outside amid the warmth of friendship they share for each other.

No, I’m not talking about a family holiday gathering in someone’s home, I’m talking about the Holiday Meals Program at Interfaith.

Without a doubt, one of the most popular events sponsored by Interfaith’s Basic Needs Department, we will again host our Holiday Meal Program on four separate days this winter:

- November 24,
- *Thanksgiving*, November 25

- *Christmas Eve*, December 24
- *Christmas Day*, December 25

(Christmas Day is graciously hosted and served by our good friends from Temple Adat Shalom).

Each day, with the help of an army of volunteers, we begin at 12:45pm by transforming the Nutrition Center into a festive environment complete with tablecloths, centerpieces and individualized decorative placemats (courtesy of volunteers).

Before we know it, it’s 2:00pm and we begin serving our guests until things wind down at 4:00pm. The line will start forming outside at 12:30pm, and by 2:00pm it will be winding through the parking lot all the way to the street!

In years past we have fed over 400 grateful guests at each meal, serving them personally at their tables. For many this is the only chance all year to be served a hot meal without having to dish it themselves. It is truly a special time to share with friends.

All are welcome! Please encourage anyone who needs a meal over the holidays to join us! ∞

Welcome our new board members!

BY LARRY CHRISTENSEN
Donor Relations

Interfaith Community Services welcomes two newly elected members of the Board of Directors: Stan Kim and Mike Meziere. Both are active volunteers at Interfaith.

Stan volunteers as an intake worker, interviewing those in need to determine how they can be helped. He earned an MBA at the UCLA College of Business, makes his living in private equities and futures trading, and is the founder of a non-profit organization that provides assistance to poor families in Tijuana.

In the past, Stan has volunteered with the Salvation Army, Project Angel delivering food to those with

HIV/AIDS, Habitat for Humanity, Big Brothers of America, and with various domestic violence shelters. He lives in Poway with his wife, Cindy, and two children.

Mike Meziere volunteers as a



New board members Mike Meziere & Stan Kim at the 2010 Interfaith annual meeting

cook in the Nutrition Center in Escondido, rising early every Tuesday morning to be there at 5:30 am to

provide breakfast for approximately 200 hungry people. Mike is the CEO at Meziere Enterprises, a precision manufacturing company making pieces to equip racing vehicles. Their biggest customer is Harley-Davidson.

Mike has been volunteering at Interfaith for over 10 years. He is deeply involved with helping the poor, and is a member of a group that builds houses and shelters for the needy. He and his wife, Sheila, have eight children and live in Escondido.

These two new members were among Interfaith's 25 members inducted into the Board of Directors at the Annual Meeting on August 25, 2010. The Board has 11 meetings each year, where they guide Interfaith to most effectively serve men, women and children in extreme need in North San Diego County. ∞

~ HOUSING from page 1

services.

On September 1 we even had a team of 20 volunteers come from the USS Makin Island for their "CPO Pride Day." These recently promoted servicemen and women had collectively decided to give back to the community, and chose Interfaith Community Services as the organization they wanted to give back to, with a special emphasis on the Veterans programs and services.

The new Veterans Recuperative Bed facility was a perfect fit for their efforts. Throughout the course of the day, these men and women installed a flagpole at the new facility, installed solar-powered lighting for all three flagpoles at this location, and generally spruced up the place inside and out by applying a fresh coat of paint to railings, fences, and door casings. We are so very grateful for their incredible service!

Veterans Fairweather Lodge:

Through the incredible generosity of Jack and Jill Campbell (see story on page 3), we were able to acquire a six-bedroom home in Escondido for our third Fairweather Lodge, which will provide permanent housing and supported employment for six disabled Veterans.

Dozens of volunteers helped rehabilitate the home, including a very generous donation of laminate flooring from ClickOn Floors. As the project wrapped up these past few weeks, we've all seen an incredibly beautiful and peaceful home emerge in a fabulous neighborhood—just what the residents will need in order to find the stability and sustainability they need. We are so very grateful to all of the volunteers that helped make this home a beautiful and welcoming environment for its residents.

As you can see, your support means the world to those who come to our door – whether they need a simple bag of groceries or a job and a place to call home. Thank you for sharing your blessings with those in need. Thank you everyone! ∞

Interfaith would like to thank the following Foundations, Corporations, and Service Clubs for their generous support of our programs

The following gifts were received May 1—July 31, 2010

THE BOND FAMILY FUND AT 	UNION BANK FOUNDATION
CARLSBAD CHARITABLE FOUNDATION	WESTWOOD WRANGLERS SQUARE DANCE CLUB
CHANGE A LIFE FOUNDATION	THE WOMAN'S CLUB OF VISTA
HOWARD CHARITABLE FOUNDATION	LEICHTAG FAMILY FOUNDATION OF THE JEWISH COMMUNITY FOUNDATION
LINDEN ROOT DICKINSON FOUNDATION	DATRON WORLD COMMUNICATIONS, INC.
THE MARKS FAMILY FUND OF THE JEWISH COMMUNITY FOUNDATION	ESCONDIDO SUNRISE ROTARY
MAZON: A JEWISH RESPONSE TO HUNGER	CECILIA & SORAB GHANDHI FUND
NICE GUYS OF SAN DIEGO, INC.	GOLDEN DOOR SPA
NORTH COUNTY TIMES CHARITIES FUND A FUND OF THE MCCORMICK FOUNDATION	DIANNE & LARRY KRASNOW CHARITABLE FUND
ARTHUR & JEANETTE PRATT MEMORIAL FUND	CORINNE JOYCE MOSS MEMORIAL FUND OF THE JEWISH COMMUNITY FOUNDATION
RANCHO BERNARDO LADY LIONS	THE PARKER FOUNDATION
ST. VINCENT DE PAUL OF ESCONDIDO, INC.	R.V. THOMAS FAMILY FUND AT 
TRI-CITY HEALTHCARE DISTRICT	SID JACOBSON JEWISH COMMUNITY CENTER

OUR BOARD OF DIRECTORS

Michael Friedrichs, Esq.
David L. Dollins
Tom Paine
Laurie Ivie Burt
Ellen Marks
Christine M. Carrick
Tim Sharon
Don Zech
Bill Baker
Stephen Smith, Esq.
Silas Harrington, Esq.
Jill Henderson
Royce Johnston
Jeff Jones
Stan Kim
George L. Liggins, PhD, MPH
Jesse Longacre
Mike Meziere
Paul M. Polito, CPA
Tom Reilly III
Jinda Schatz
Walter S. Scheib, Jr.
Eric Schroeder, CPA
Rev. Madison Shockley
Jill Wright

EXECUTIVE DIRECTOR

Suzanne Stewart Pohlman

Adopt a family to bring holidays to the hurting

BY NUSRAT SYMONS
Volunteer Coordinator

With the lingering harsh economic climate, the 2010 holiday season again promises to be a challenging one for those simply trying to hold on. Fortunately, every year generous people like you make sure that folks like Teresa experience the joy of the season in spite of their hardship:

"Thank you so much," Teresa wrote last year on Christmas day, *"for making my Christmas the best I've had in a long time. Your generosity is overwhelming and I cannot tell you how much your thoughtfulness means to me."*

This is just one example. Teresa was among more than 600 local children and adults in need last year who were "adopted" by bighearted North County corporations, service clubs, faith center members, and individuals through Interfaith's Holiday Adopt a Family Program.

Believe it or not, with Halloween decor al-

ready on store shelves, the winter holidays are not far off, and that also signals preparations for this year's Holiday Adopt a Family Program.

This program is simple: at this time every year, those who come to Interfaith for help with employment, food, and housing usually cannot afford holiday gifts for their families. The Interfaith Staff works with them to create a 'wish list', allowing many parents the dignity of being able to give their children gifts – a luxury they simply cannot afford at a time when many must make hard sacrifices due to very strained budgets.

This past year has been another uphill climb, with record numbers of people coming to Interfaith hungry, underemployed or unemployed, and even homeless.



Interfaith staff members are already busy compiling wish-lists for the veterans, seniors and families coming for help to rebuild their lives.

Whether the Holiday Adopt a Family program is an annual tradition for you or whether you are new to the program, experience the joy of helping someone in need and help spread holiday cheer.

Please sign up to help "Adopt a Family" for the holidays today, and get your family and co-workers involved too! I guarantee you'll make a huge difference in the life of a local family.

Contact Nusrat Symons at (760) 489-6380 ext 221 or nsymons@interfaithservices.org. Then, take advantage of Thanksgiving sales! Starting in mid November, drop off your new unwrapped gifts along with festive wrapping paper, ribbons and bows at "Santa's Workshop" in Escondido. ∞

'All I ever wanted was to provide for my family'

BY J. STRYKER MEYER
Associate Director of Veterans Outreach

Last September David Engelhorn and his family were in a tough situation. Both he and his wife found themselves recently out of work and unable to find new jobs. With three teenage daughters living at home, food supplies were getting dangerously low.

David had always found work since being discharged from the military after serving in Vietnam. In fact, his previous job had been so good that his wife was able to retire from her career as a school teacher earlier in the year.

That was before the worst of the recession hit. Suddenly, without warning, he was laid off. In the scary new climate of high unemployment he simply wasn't able to find new work, and by September his family was critically in need.

That's when he learned about Interfaith Community Services. David told J. Stryker Meyer of Interfaith's Veteran's Services Division that he first heard about Interfaith from a friend. The very next day he was at Interfaith headquarters in Escondido where he met Janet Bolosan, Associate Director for the Veterans Services Division. He was interviewed for the Safety Net program by Marinea Goodson, who conducted a series of tests to determine his skills and to identify that he and his family quali-

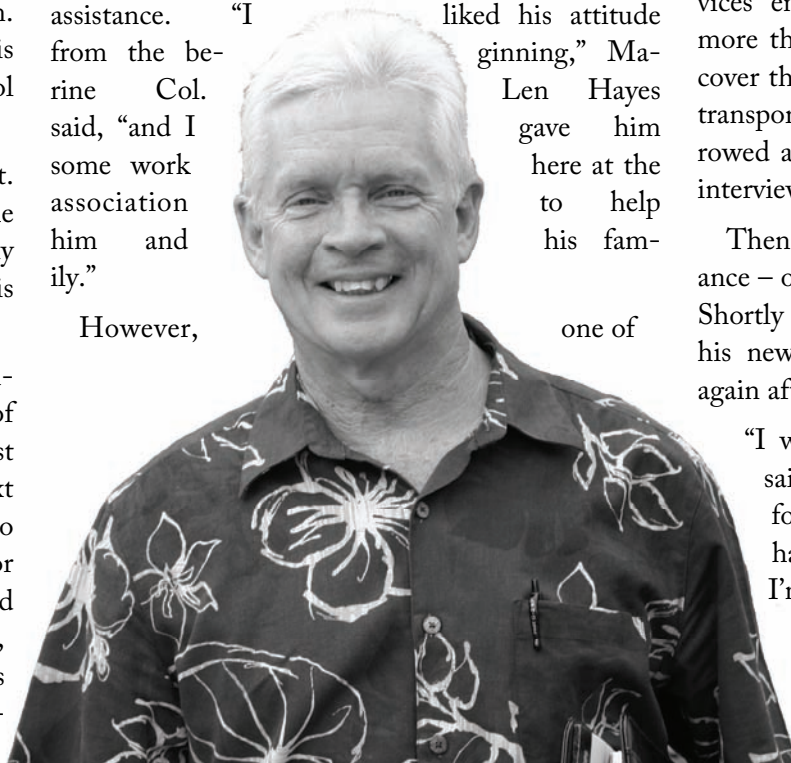
fied for assistance.

In the meantime David and his family were able to get an emergency supply of groceries from the Interfaith Food Pantry, and the Safety Net Program assisted them with rent for October and November. All the while, David never stopped looking for work.

David even went to 1st Marine Division Association's headquarters in Oceanside, where, as a veteran rated 10% disabled, he was eligible for some assistance. "I liked his attitude from the beginning," Marine Col. Len Hayes said, "and I gave him some work here at the association to help him and his family."

However,

one of



the frustrating things about living on the economic edge is that unforeseen problems can derail your best efforts when you don't have a support system of care. A few days before Christmas, David's car broke down. Fortunately, Marinea was able to contact the Rancho Santa Fe Men's Group with the opportunity to make a difference.

Within 24 hours David was able to get several estimates for the repairs and the Men's Group stepped in to help. An Interfaith Community Services employee personally delivered a check for more than \$2,200 written by the Men's Group to cover the repair costs. Still, that left David without transportation for several days. Undaunted, he borrowed a friend's car so he could keep going to job interviews.

Then, finally – after several months of perseverance – one of these potential employers called back. Shortly after, David drove his newly repaired car to his newly acquired job where he began working again after months of unemployment.

"I was so happy to be back to work," David said. "That's all I ever wanted, was to provide for my family. My wife and I are blessed to have three children who are wonderful. Now, I'm back to providing for them, thanks to Interfaith and all of the people and agencies that helped me and my family along the way." ∞

Yes, You Can Help!

VOLUNTEER OPPORTUNITIES

- ❑ Congregations & restaurants needed to provide evening meals for guests at the Winter Shelter and at our 3 other residential, emergency bed facilities.
- ❑ Join Interfaith's volunteer tax team! We help low-income families and individuals file their tax returns. Open positions include front desk receptionists, appointment schedulers, and tax preparers. Training is provided!
- ❑ College intern needed to assist our Clearly Clean business coordinator. Interns help with the marketing and administration of this small business in support of our Fairweather Lodge program.
- ❑ Tutor and mentor youth at our Transitional Youth Academy at the Coastal Service Center. Flexible schedule and a variety of skills and tasks needed.
- ❑ Spanish speaking volunteers are needed to teach basic computer at our work clinic. Monday through Saturday mornings.

DONATIONS NEEDED

Needed: Items for our Fairweather Lodge cleaning business:

- ❑ Vacuums & carpet cleaning machines
- ❑ Industrial van or truck
- Needed: Household items for two of Interfaith's emergency shelter programs:**
- ❑ Day Planners & umbrellas
- ❑ New womens underwear & socks
- ❑ New pots & pans, kitchen utensils, & silverware
- ❑ Target & Wal Mart gift cards

Needed: Items for our Coastal Service Center in Oceanside:

- ❑ Target, Wal-Mart, Michaels, or grocery store gift cards
- ❑ iTunes gift cards & movie passes for youth incentives
- ❑ New & gently used backpacks & messenger bags
- ❑ Spiral notebooks, sketchpads, notepads, & canvases

To volunteer or donate a needed item, please contact our Volunteer Coordinator, Nusrat Symons at (760) 489-6380 ext. 221

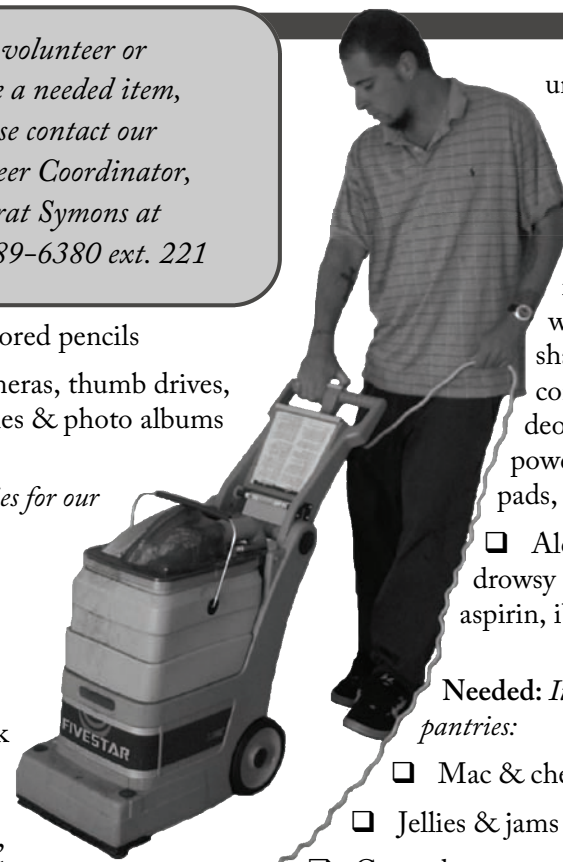
- ❑ Pens & colored pencils
- ❑ Digital cameras, thumb drives, photo frames & photo albums

Needed: Supplies for our Work Clinic:

- ❑ New men's underwear, socks, & toiletries
- ❑ Men's work gloves, jackets, sweatshirts, hats, work boots, & rain ponchos
- ❑ Gently used tools, & equipment for yardwork, construction, etc.

Needed: Resources for sobering facility:

- ❑ Bath towels & wash cloths
- ❑ Art supplies (paint, brushes, paper, glue, glitter, crayons, markers, etc.)
- ❑ Twin blankets & twin plastic mattress covers
- ❑ New men's & women's socks and



- underwear
- ❑ Plastic clothing bins/storage bins
- ❑ Toiletries: men's & women's razors, shampoo, conditioner, deodorants, foot powder, feminine pads, etc.
- ❑ Alcohol free non-drowsy cold medicines, aspirin, ibuprofen, etc.

Needed: Items for our food pantries:

- ❑ Mac & cheese,
- ❑ Jellies & jams
- ❑ Canned pasta meals, & canned beans (not green beans)
- ❑ Powdered milk & diapers

Needed: Food for holiday meals:

- ❑ Precooked spiral cut ham
- ❑ Turkeys & canned turkey gravy
- ❑ Stuffing, rolls, & pies

Needed: Sponsors for the Women's Makeover program at our residential recovery program:

- ❑ Only \$25 to sponsor a makeover!

~ FUTURE from page 1

Compounded by his alcohol abuse, this iron disorder was likely destroying his liver and other organs as well.

In fear of his life, Tim returned in 2006 to his Interfaith case manager Andrea Moore. Andrea asked Tim if he was ready to get sober and offered him a bed if he was willing. As Tim puts it: "I was ready, and my body was *more* than ready, so much so that I collapsed on their sidewalk from ketoacidosis. My blood sugar was over 1000. Most people would have died from that alone!" Tim was rushed to an Emergency room and almost died that day.

That was almost 4 years ago, and Tim came to a place of clarity that day: "I needed to realize if I don't do

something for myself" he recalled, "my time will run out."

Just when things were looking up a stroke further complicated Tim's challenges. People on and off the street often struggle with chronic health problems. Still, that didn't stop Tim from pressing forward. Over the next few years he learned – with the help of a clinical nurse in the Veterans program – to properly monitor his blood sugar, and he even returned to school to earn his GED, saying "I scored much higher than I ever dreamed I could, which was a huge boost to my self

confidence."

As a result of his diligent scholastic work, the Veterans Dept provided Tim with an opportunity to be trained as a Phlebotomy Technician so he could find a good career in the health care industry. Tim finished second highest in his class.

"I believe this may have a lot to do with my newfound confidence," said Tim. "I see myself employed and living an independent and productive life." This dramatic change in perspective is most apparent when Tim talks about his future: "My dream is to be working at the new

"I have been clean and sober for four years, and finally feel my feet are on solid ground."

Palomar Hospital as a Phlebotomy Technician, and rather than be a patient lying in a bed wondering how I got there, I will be a member of the staff, taking care of the patients."

Thankfully, Tim's bigger story *still* isn't over: "I have been clean and sober for 4 years now, and finally feel my feet are on solid ground. I have a future to look forward to thanks to those who saw potential where I saw none.

"If Interfaith wouldn't have stepped in when they did, and kept me on track with their undying faith and never ending support, I could very well have been another homeless statistic who by now would be either dead or dying.

"Instead the future is looking brighter everyday." ∞

Interfaith's capital campaign, is almost complete! With four of the five housing mortgages within the campaign now retired, only one mortgage remains—our Oceanside Veterans Housing facility. Once that is retired we'll have an additional \$20,000 each month for direct services! See Page 1 to learn how you can help.



Right: Jim Farley of the Leichtag Family Foundation at the 2010 Annual Meeting, where he and Melvin Moss burned three of Interfaith's housing mortgages.

Interfaith Community Services
The Betty & Melvin Cohn Center
550 West Washington Avenue, Suite B
Escondido, California 92025

NON-PROFIT ORGANIZATION
U.S. Postage PAID
San Diego, CA
Permit #1669

CHANGE SERVICE REQUESTED

FRIENDS—PLEASE LET US KNOW IF YOUR ADDRESS OR NAME NEEDS TO BE UPDATED!

COMMUNITY SNAPSHOTS



CALENDAR OF EVENTS

October 14—Heritage Club Luncheon

A gathering of friends and family who share the vision of securing Interfaith's services for future generations by making a gift to our endowment or have named Interfaith in their estate plans. To learn more about the Heritage Club, please contact Greg Anglea at (760) 489-6380 ex 220.

November 16—Santa's Workshop Opens

Spread the joy of the giving season by 'adopting' a family, veteran, or senior in our community, who would not otherwise be able to afford gifts. Nov 16 is when drop offs begin. Contact Nusrat Symons at (760) 489-6380 ex 221 to receive a holiday wish list.

November 17—Wall of Heroes Unveiling

Interfaith supporters have created a "Wall of Heroes" at our Oceanside Veterans Housing. This memorial will be unveiled at a celebration in honor of these heroes on Wednesday, November 17th at 1234 Division Street,

Oceanside. This will take the place of the November General Membership Meeting.

Upcoming General Membership Meetings

Clergy, Faith Representatives, Ambassadors, and advocates are invited to our monthly meetings to dialogue about community issues and projects. Dates: Oct. 20, Dec. 15, Jan. 19, Mar. 15 Contact Mary Ferro at (760) 489-6380 ext. 266 for the latest information.

November 24, 25 & December 24, 25—Holiday Meals

The holiday meals for Thanksgiving (Nov. 24 and 25) and Christmas Eve (Dec. 24 and 25) are coming quickly! Anyone who needs a holiday meal is welcome at Interfaith headquarters in Escondido. We serve everyone! For more information, contact Jerry Morgan at (760) 489-6380 ext. 236.

February 3—Carlsbad Faith Center Town Hall

The first of two Town Hall Meetings for all Carlsbad Faith Communities will be Thursday February 3, 2011;

location and time TBA. The Carlsbad Charitable Foundation is sponsoring Interfaith to coordinate the collective Carlsbad faith centers. Mary Ferro, Faith Liaison, will be calling to collect information for the Town Hall Meeting. You can reach her at (760) 489-6380 ext. 266.

February 23—Clergy Appreciation Luncheon

If you are a clergy person consider yourself invited to our annual Clergy Appreciation Luncheon! Interfaith is built on the foundations of over 400 amazing faith centers, and this is one way we show our appreciation. Don't miss it! RSVP to Mary Ferro, Faith Liaison Coordinator, at (760) 489-6380 ext. 266.

Coming Soon—New biography of Bernie Englander!

Interfaith supporter Frank Newmark has written a biography of the remarkable life of Interfaith Saemi Award-Winner Bernie Englander. All proceeds will go to fund Interfaith programs and services!