

Interfaith Community Services Group Volunteer Activities

Sandwich Making

Group Size: 2-20

Time and Days Available: Sack lunches are handed out M-F to breakfast attendees. Prepared sack lunches can be dropped off anytime M-F 8:00 AM – 5:00 PM. Earlier or later drop-offs may be available, but please call to schedule.

Location: Sandwiches can be made on or off-site. Sandwiches can be dropped off in Escondido.

Groups of any size prepare sack lunches to be distributed to attendees of Interfaith morning breakfasts, as well as residents of Interfaith's shelter for homeless veterans. Each sack lunch includes: a sandwich (tuna fish, bologna, or peanut butter and jelly), a piece of fruit, a drink box, and one small snack item (cookies, peanuts, crackers, etc.). Sack lunches can be prepared off site with materials purchased or donated by your group, or onsite with materials provided by Interfaith. We serve breakfast to approximately 150 people each weekday morning, so we have a need for 150 sack lunches every weekday; it's a great way to feed a lot of hungry mouths!

Community Days

Group Size: 10 – 100+

Time and Days Available: Usually Saturday mornings, but weekdays are available as well.

Location: Family Housing, Mobile Home Parks throughout North County, Tikun Home, 550 W. Washington, or any other place/program a group wants to get involved with!

Groups participate in a variety of activities that directly impact our community. Ranging from painting and gardening at Interfaith's Family Housing units on Aster Street, to washing windows and pulling weeds for senior citizens, Community Days involve large groups with focused activities that directly assist a population in need. We're very flexible with dates, times, and activities for Community Days, so let us know what you have in mind, or ask the Volunteer Coordinator what is available. Your entire group can get involved in engaging outreach opportunities that directly help more and more lives each year.

Kitchen Server/Preparer

Group Size: 3 – 7

Time and Days Available: 4:30 – 7:00 PM, Monday, Tuesday, Thursday, Friday

5:00 – 7:00 PM, Wednesday

5:00 – 7:00 PM, Saturday & Sunday

6:30 – 9:00 AM, Saturday & Sunday

Location: Escondido

Volunteers prepare and serve meals to residents of Interfaith's homeless shelter for veterans. Interfaith is *always* in need of food, so participating individuals and groups are urged to provide food for these dinners and breakfasts! After meals are served, volunteers assist with cleanup and washing of dishes. It's a great way to work directly with the people you are helping!

Senior Services Home Beautification/Cleanup

Group Size: 5 – 50

Time and Days Available: Select Saturday mornings, beginning at 7:00, 8:00, or 9:00 AM

Location: Varies, throughout North County

Volunteers go to mobile home parks and assist seniors by clearing weeds, washing windows, and completing other maintenance/cleanup tasks as requested. Interfaith staff work with senior centers in Vista and San Marcos to select mobile home parks where volunteers will be able to directly impact the lives of seniors by helping to maintain a clean and safe environment outside their homes!

Adopt-A-Unit

Group Size: Varies

Time and Days: Varies, will be available starting in January

Location: Aster Street, Escondido

Interfaith will be purchasing eight two-bedroom apartments in Escondido. These apartments will provide permanent housing for 14 mentally ill, older persons. Seniors are the fastest growing homeless population – but you can help make a difference! Groups can adopt units – units that need to be refurbished – from carpet to

kitchen to windowsills! Groups can directly touch the lives of homeless individuals by helping us turn these apartments into warm and friendly homes. We need groups to donate materials, and skilled and unskilled labor. A great opportunity for those groups looking to put their handyman skills to work!

Tikkun Home Dinner

Group Size: Varies

Time and Days: Dinner needed 7 days a week. Dinner is dropped off between 4:30 – 5:30 PM.

Location: Escondido

The Tikkun Home is a residence that provides shelter for six mentally ill, homeless women. The women are able to rehabilitate and reintegrate into society while residing in a safe, healthy environment. However, the house does not have cooking facilities, and as a result the women need to have dinner dropped off each night. That's where you come in! Volunteers prepare a dinner for six women, and drop it off between 4:30 – 5:30 PM. Please be sure to include a gallon of milk. Volunteers can drop the meal off or stay and have dinner with the residents. A truly great way to help some truly fantastic women!

Adopt A Family

Group Size: Unlimited

Time and Days: Late November, Early December

Location: Drop-off in Escondido

Interfaith works with thousands of families each year, many of which cannot afford holiday gifts. This is where you come in! We gather specific "Wish-Lists" from each member of a family in need, and your group can adopt that family's holiday needs by purchasing the specified gifts and dropping them off at 550 W. Washington. You can directly impact the lives of needy families by providing a holiday they wouldn't otherwise have!

Cleanup and Organization Projects

Group Size: 10 – 40

Time and Days: Varies

Location: Escondido

Volunteers gather at Interfaith headquarters in Escondido and participate in several ongoing projects, including: warehouse organization, detailed kitchen cleaning, pantry organization, window washing, sidewalk cleaning, office maintenance, and other duties as requested.

Donation Drive

Group Size: Varies

Time and Days: Any day, any time

Location: Anywhere

Using the Interfaith "Donation Needs" list, volunteers organize in-kind donation drives to collect items specific Interfaith programs. Many items are those that people have lying around their home; others are simple items that can be economically purchased. Youth groups often organize scavenger hunts aimed at collecting donations for each Interfaith program. Donation drives are a great way to get people involved in Interfaith programs! They are easy to organize, and they make an incredible difference. If you don't have a copy of the "Donation Needs" list, please contact Marion Franowicz.

Special Projects

The staff at Interfaith love to put together special volunteer projects that combine elements of the above-mentioned activities, or tap into a brand new avenue of assistance for almost any program Interfaith coordinates. Please call Marion Franowicz, Volunteer Coordinator, to discuss alternative group activities, or to simply brainstorm the many possibilities for outreach within our community!

Contact:

Marion Franowicz, Volunteer Coordinator

Interfaith Community Services

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