



*Helping People
Help Themselves*





Interfaith Community Services, founded in 1979, is a 501c(3) not-for-profit community organization. Our name, Interfaith, is in honor of our founders - fourteen representatives from diverse faith traditions who collaborated to address the growing needs of the community related to poverty and homelessness.

As Interfaith grew, our programs evolved into five main areas:

 **Nutrition & Basic Needs**

 **Self-Sufficiency & Supportive Services**

 **Employment**

 **Housing**

 **Behavioral Health & Recovery**

Under these programs, Interfaith is able to offer numerous services covering a broad range of support. Our programs are designed to overlap so you have access to as many resources as necessary for your situation.

Nutrition & Basic Needs

Interfaith meets the basic needs of our community by connecting individuals and families to nutritional assistance and comprehensive social services to achieve healthy and thriving lives. Interfaith Community Services provides over 300,000 meals each year in North County.



NUTRITION SERVICES

Emergency Food Assistance

Interfaith provides customized emergency food supplies to clients in Escondido at Julia's Pantry and in surrounding North County Coastal communities.

Morning Meals & Sack Lunches

Each morning at our Betty and Melvin Cohn Center in Escondido, Interfaith serves a free, hot breakfast in the Margaret R. Freund Family Nutrition Center to homeless and low-income residents.

Morning meals are held from 6:30 a.m. to 7:20 a.m., seven days a week. Sack lunches are distributed daily during morning meals until 5:00 p.m., and on weekends as available.

BASIC NEEDS

Shower & Laundry Facilities

Every weekday morning starting at 6:15 a.m. at our Betty and Melvin Cohn Center in Escondido, individuals have access to showers and laundry facilities.

Mail, Phone, Messages, Fax & Copy Services

Individuals are able to use our Betty and Melvin Cohn Center's address for receiving mail and phone messages. Additionally, they are able to use our fax and copy machines, as well as a phone for making business-related calls within the 760, 858 and 619 area codes.





Self-Sufficiency & Supportive Services

Interfaith's Self-Sufficiency and Supportive Services provide comprehensive services to empower vulnerable youth, families, adults, seniors and veterans to lead independent and thriving lives.



- Assistance with identification cards, prescriptions and birth certificates
- Connections to benefits and utility programs
- Additional services available as needed

Emergency support service walk-in hours at our Escondido headquarters are Monday-Friday from 8:00 a.m. – 10:00 a.m. and Wednesday-Friday from 8:00 a.m. – 12:00 p.m. at our Coastal Service Center. Additional emergency food assistance is available at community-based locations throughout North County.

Family Self-Sufficiency Program

Interfaith provides intensive and customized case management to families and individuals. Through regular meetings with a Case Manager, community members work to improve their self-sufficiency by identifying and prioritizing goals to achieve independence and stability.

Free Tax Preparation & Income Tax Assistance

Available at the Betty and Melvin Cohn Center in Escondido, the Coastal Service Center in Oceanside, as well as community-based locations throughout North County, Interfaith provides free tax preparation for community members, with a focus on connecting tax payers to the Earned Income Tax Credit and other credits for which they may qualify.

Free Legal Aid Clinic

Available at the Betty and Melvin Cohn Center in Escondido, Interfaith offers access to legal aid assistance for families free of charge to resolve their legal problems. Legal assistance is offered to the public every Wednesday from 1:00 p.m. – 4:00 p.m.

SOCIAL SERVICES

Emergency Support Services

Interfaith provides emergency walk-in assistance at both the Betty and Melvin Cohn Center in Escondido and the Coastal Service Center in Oceanside. Services may include:

- 3 days worth of non-perishable food items
- Gas vouchers or bus passes for job interviews and doctor's appointments



SENIOR PROGRAMS

Minor Home Repair & Modification

Operating throughout North San Diego County, volunteers and local businesses are recruited to assist in making minor home repairs for qualified seniors. These repairs, such as fixing leaky faucets, repairing screen doors and windows, or installing grab bars or smoke alarms, make it easier and safer for seniors to stay in their own homes.

Project CARE

Operating throughout San Marcos and Vista, Project CARE maintains the well-being and independence of seniors by providing a wide range of services including:

- "How Are You?" daily reassurance phone calls
- Emergency medical information packets
- Outreach and referrals for senior services

By connecting seniors to services and information, Interfaith enables frail, isolated, and disabled seniors to remain independent as they age.

Support Services

Trained Client Advocates offer social services support and referrals to seniors in need. Support services may include emergency financial support to ensure seniors can remain independent and self-sufficient.

North County Senior Connections

North County Senior Connections (NCSC) is a weekly lunch and socialization program for underserved North County seniors via the food truck, Thyme Together. NCSC locations are strategically located throughout Vista, San Marcos and Oceanside at mobile home communities and faith centers. In addition to healthy, prepared-to-order meals, NCLC presents weekly educational speakers and entertainment.

YOUTH PROGRAMS

Transitional Youth Academy

Interfaith's Transitional Youth Academy (TYA) supports vulnerable youth in the Oceanside Unified School District by providing academic support, mentoring, leadership development and workforce training. TYA also has an after-school drop-in center at Ditmar Elementary School in Oceanside. This site offers a computer lab with homework support, student-parent engagement programming and recreation activities.





Employment

Having a stable job is key to building an independent, stable life. By providing a “hand up” and not a “hand out,” Interfaith is able to help individuals get back on their feet and become self-sufficient by securing and retaining employment.



Vocational Development

Interfaith assists clients in their pursuit of self-sufficiency by helping them search, prepare for and retain stable employment.

Available services include:

- Career assessments and employability tests
- Resume and online application preparation
- Interview preparation and self-esteem mentoring
- Job search assistance
- Advocacy to resolve legal issues affecting employability
- Filing for unemployment/CalJOBS
- Researching and/or applying for school and training opportunities, financial aid, scholarships, and grants
- Workshops on typing and computer skills

Computer Labs

Interfaith clients are able to use our computer labs at both the Betty and Melvin Cohn Center in Escondido and Coastal Service Center in Oceanside to conduct job searches, employment research, resume preparation and other vocation related activities. Computer assistance is available from volunteers on a limited basis. Hours of operation by location are posted weekly in the lobbies of both buildings.

Veterans Programs

Interfaith is committed to helping veterans find sustainable employment opportunities. We connect veterans to local employers and vocational training programs, and provide coaching to help them become job ready.

Specialized employment assistance is also available for female veterans and veteran families.

Housing



Clearly Clean Janitorial Services

Clearly Clean Janitorial Services is a program of Interfaith's that employs veterans, non-veterans and housing residents who may have mental or physical disabilities, or other barriers to employment. Clearly Clean offers high quality janitorial services to its customers while maintaining a supportive work-training environment for clients of Interfaith.

North County Labor Connection

North County Labor Connection (NCLC) is a neutral location where laborers can connect with employers for daily, temporary, or permanent job needs. Job connections are available Monday – Saturday and typically include home improvement projects, painting, moving, yard work, construction cleanup and more. Skilled labor, such as masonry and tile work, is also available with requests made in advance.

The worker center office, located at the Betty and Melvin Cohn Center in Escondido, is open Monday – Friday from 5:30 am – 12:00 pm. Weekend jobs can be arranged through the worker center office Monday – Friday during business hours. An additional worker center is operated in Carlsbad at 5958 El Camino Real, Carlsbad, CA 92008, and is open Monday–Saturday from 7:00 a.m. - 12:00 p.m.



Interfaith's Housing Programs work to reverse the cycle of homelessness by connecting individuals with a wide range of emergency, transitional, and permanent housing resources.

All housing programs include case management and supportive services to ensure individuals achieve not only housing stability, but also self-sufficiency. Interfaith also works to proactively prevent homelessness in North County by providing rental assistance, housing navigation and landlord connections for individuals and families in crisis.

Homelessness Prevention

Interfaith offers emergency rental or mortgage assistance, as well as motel vouchers to prevent imminent homelessness and provide rapid re-housing for homeless individuals.

Emergency Housing

Interfaith's Haven House Year-Round Emergency Shelter provides emergency housing for up to 49 homeless men and women each night throughout the year. Based in Escondido, Haven House focuses on providing services to those who are either already working, or are on-track to gain employment.

Transitional Housing

Interfaith's transitional housing programs provide between one and two years of housing for homeless individuals and/or families. Along with housing,

residents engage in comprehensive counseling and case managed services. The shared goals of our transitional housing programs are to empower community members to regain stability and secure their own permanent housing upon program completion. Interfaith also offers a comprehensive Family Housing program, as well as specialized transitional housing for veterans, individuals overcoming addiction, and individuals living with mental illness.

Permanent Housing

Interfaith offers a variety of permanent housing units and programs that provide safe and affordable housing for homeless community members. Supportive permanent housing is provided for homeless individuals with disabilities, as well as families with an adult family member with disabilities. Interfaith also operates a Fairweather Lodge program based in Escondido and San Marcos that provides permanent shared housing for adults with mental illness.

Recuperative Care

Interfaith's Recuperative Care Program provides emergency housing and support to veterans and non-veterans exiting local hospitals and recovering from an illness or injury. Located at the newly renovated Hawthorne Veteran and Family Resource Center in Escondido, the program houses 20 homeless veterans and 12 homeless non-veterans at a time, and also provides access to comprehensive counseling and case management.



Behavioral Health & Addiction Recovery

Interfaith's Behavioral Health and Recovery programs work to improve the mental health and wellness of North County's community members.



Interfaith provides a variety of services including individual, group, couples and family counseling to community members enrolled in our housing and social service programs. Interfaith also provides sobering services and housing to help individuals successfully break the cycle of addiction.

Crisis Management and Counseling

Interfaith offers counseling services to homeless individuals, as well as participants in our housing and veterans programs.

Addiction Recovery Services

Interfaith's Sobering Services Program, based in Escondido, provides supportive services and transitional housing for homeless and low-income individuals working to overcome addiction.



www.InterfaithServices.org



Questions about accessing any of our programs and services? Give us a call, check our website, or visit one of our service centers.

BETTY AND MELVIN COHN CENTER

550 W. Washington Avenue
Escondido, CA 92025
760.489.6380

COASTAL SERVICE CENTER

4700 North River Road
Suites A & C
Oceanside, CA 92057
760.721.2117

COASTAL VETERANS CENTER

1617 Mission Avenue
Oceanside, CA 92058
760.529.9979

Interfaith Community Services is a 501 (c) 3 not-for-profit tax exempt organization. Federal Tax ID# 95-3837714