



Sack Lunch Makers

For more information about this volunteer opportunity, please contact:
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(760) 489-6380 ext. 207



Food is our most basic human need, yet hundreds in San Diego County are food insecure. Each morning, Interfaith provides breakfast for nearly 150 hungry clients, and after breakfast, each individual is provided with a sack lunch for the day.

You and your group can volunteer by preparing up to 200 sack lunches. In doing so, you will support our neighbors in need in their journey towards self-sufficiency.

Impact:

- Address hunger in our community by providing nutritious food
- Allow clients to focus on goals, such as finding employment and staying in school, instead of worrying about their next meal



Volunteers are responsible for assembling the following items into brown paper bags:

- Peanut butter and jelly sandwich
- Granola bar or other healthy snacks
- Water bottle (8 oz.) and/or juice box
- A piece of fruit (apple, banana, orange, raisins, etc.)



Time Commitment:

- This can be a one-time opportunity, or an ongoing commitment
- Length of project varies depending on number of volunteers and number of lunches being made
- Please contact Volunteer Coordinator, Micki Hickox to schedule a drop-off date



www.interfaithservices.org

Betty and Melvin Cohn Center
550 W. Washington Avenue
Escondido, CA 92026
(760) 489-6380

Coastal Service Center
4700 North River Road
Oceanside, CA 92057
(760) 721-2117

Coastal Veterans Center
1617 Mission Avenue
Oceanside, CA 92058
(760) 529-9979

Carlsbad Service Center
5731 Palmer Way, Suite A
Carlsbad, CA 92010
(760) 448-5696

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