Sack Lunches

Food is our most basic human need, yet thousands in North San Diego County are food insecure. Each morning, Interfaith provides breakfast for nearly 150 hungry people. After breakfast, each individual is provided with a sack lunch for the day. Additional lunches are also distributed weekdays from our reception area.

Sack Lunch Build Guidelines

BUILD AT AN ORGANIZATION
- Prepare PB&J or meat and cheese (no condiments) sandwiches and assemble sack lunches in your organization's kitchen or classroom. Include in the lunch a soft granola bar, applesauce, piece of fruit (Cuties®, oranges, bananas), and small bottled water or juice box.

- Follow hygiene guidelines (wash hands, wear gloves and hairnets to avoid cross-contamination). The facility must have an available sink.

BUILD AT HOME
- Assemble prepackaged items at home such as: Uncrustables®, soft granola bar, applesauce, piece of fruit (Cuties®, oranges, bananas), and small bottled water or juice box.

IMPORTANT: Sandwiches prepared at home can NO LONGER BE ACCEPTED, due to state regulations.

DONATING SACK LUNCHES
- Schedule a date/time to deliver sack lunches to Interfaith. Daily, 9 a.m. to 4 p.m.

BUILD AT INTERFAITH
- Reserve Interfaith's Nutrition Center to build lunches. Weekdays, 9 a.m. to 11 a.m. or 1 p.m. to 4 p.m.

- Donate $125 for the cost of 100 sack lunches.

www.interfaithservices.org

For more information, please contact: Laura Hernández
lhernandez@interfaithservices.org
(760) 489-6380, ext. 207

Betty and Melvin Cohn Center
550 W. Washington Avenue
Escondido, CA 92025
(760) 489-6380

Interfaith Community Services is a 501(c)3 not-for-profit tax exempt organization. Federal Tax ID #95-3837714