



Faith-Based Mental Health Academy



COMMUNITY EDUCATION PRESENTATION (C.E.P)

TOPICS	
1	Addictions
2	Anxiety
3	Anxiety in Children
4	Anxiety VS Stress
5	Behavioral Problems in Children
6	Building Resilience
7	Common Mental Health Disorders in Children
8	Common Mental Health Disorders in Teens and Youth
9	Common Mental Health Disorders in Adults
10	Compassion Fatigue
11	Cultural Humility
12	Dealing with Resistance to Mental Health Treatment
13	Depression
14	Depression in Teens
15	Diagnosis and Treatment of Mental Illness
16	Domestic Violence / Healthy Relationships at Home
17	How the Use of Social Media Affects Children and Teens
18	Managing Behavioral Health Crisis
19	Mental Health during the Holidays
20	Mental Health Crisis Intervention
21	Mental Health, Wellness and Spirituality
22	Mental Health Conditions, Causes and Symptoms
23	Mental Health in Older Adults
24	Mental Illness Stigma Reduction
25	Myths and Facts of Bipolar Disorder
26	Resiliency and Post-traumatic Growth
27	Substance Abuse / How to talk to your child about substance use
28	Suicide Prevention & Postvention
29	The impact of Trauma in Mental Health
30	The Role of Spirituality in Mental Health Across Different Religions
31	Understanding Schizophrenia

For more information, please contact at (760)445-0067 or:

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