



"How R U?" Calls

Are you or someone you know a senior who lives alone? Interfaith's "How R U?" Calls program offers free, daily phone calls to check on participating North County seniors.

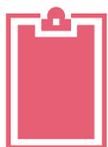


If Interfaith's "How R U?" phone call is not answered and we cannot reach you, volunteers will go into action by calling next door neighbors, relatives, or emergency personnel (if necessary), to do a welfare check.

These "How R U?" calls bring peace of mind to you and your loved ones.

Enrolling today is easy! Just call our office and our program coordinator will get you or your loved one started.

Other Senior Services:



Information sharing and referrals



Friendly visitors



Minor home repairs



Senior Connections lunch program



Basic needs food pantry



Daily morning meals



Vials of Life



To add your name to the "How R U?" phone call list, please call

(760) 294-6356 ext. 101

These services are funded by the County of San Diego, Health and Human Services Agency.



www.interfaithservices.org

Betty and Melvin Cohn Center
550 W. Washington Avenue
Escondido, CA 92026
(760) 489-6380

Coastal Service Center
4700 North River Road
Oceanside, CA 92057
(760) 721-2117

Coastal Veterans Center
1617 Mission Avenue
Oceanside, CA 92058
(760) 529-9979

Carlsbad Service Center
5731 Palmer Way, Suite A
Carlsbad, CA 92010
(760) 448-5696

Interfaith Community Services is a 501(c)3 not-for-profit tax exempt organization. Federal Tax ID #95-3837714